



WARRIORS WELCOME



peer-run veterans support
& discussion group



A no-cost,
judgment-free,
veteran-facilitated
zone.

Discussion Topics Include:

- Self-care & Wellness
- Family & Relationships
- Adjusting to Civilian Life
- Employment

1st and 3rd Fridays @ 6:00pm on Zoom:

Meeting ID: 893 8115 9546

Call-In Option:

Passcode: 387490

1.929.205.6099

Link: <https://bit.ly/WarriorsWelcomeNJ>

What's said here stays here.

For more information, contact Jaime Angelini: jangelini@mhanj.org

This is a program of the Mental Health Association in New Jersey.